



Message from the President



Dear AAPA Members,

Thank you for turning the corner with us into 2023. We are glad to have your support as we continue another phenomenal year of spreading the word about patient advocacy and supporting the work of advocates in Arizona and beyond.

We welcome a changed Board of Directors this year with some returning Board members in the same positions, some in new positions, and two AAPA members who are new to the Board entirely. Our new Board members are Kristin Hill, who will be in the Treasurer position, and Jennifer Whalen who will be in the Secretary position. Carolyn Bennett and Jodie Pang-Diekevers will remain in their Director at Large positions. We welcome them and thank them for their willingness to offer their time and talents to our organization.

Very importantly, Rosie Oldham will stay on as Past President. I am immensely grateful for the leadership and organization she has provided AAPA over the past year. She has guided AAPA through many changes and strengthened the leadership and membership with her efforts. The countless hours she has dedicated to AAPA's organization and development has made us who we are today. I am deeply grateful to Rosie for all her hard work and will continue all of the progress she started.

I am taking the helm as President and am looking forward to a year of optimism and growth in the organization. We have an exciting year in store for AAPA members with fantastic educational and social opportunities. Please visit AAPA's calendar for our upcoming events.

If you haven't done this already, I encourage you to renew your membership with us so you can continue to be a part of this terrific organization and receive the benefits of membership.

Looking forward to a fabulous year with all of you!

Kind regards,
Michelle Riddle

Upcoming AAPA Meetings

Next meeting:

Networking Meeting: TBD, Save the Date for February 9, 2023 – You Won't Want to Miss It!

Educational Program: TBD, March 9, 2023 for pre-approved CE for the BCPA – Join Us

Most meetings will occur on the 2nd Thursday of the month but be sure to check the website and sign up for emails for exact dates and times. Don't miss these great opportunities.

Members login to the website for access to the members only dashboard with meeting minutes, recordings, resources, and more.

Non-members wanting to receive email communication about happenings, including a current newsletter, please subscribe at the top of our website homepage www.ArizonaAPA.org today!

Join Us!

2023 AAPA Board of Directors

President – Michelle Riddle, BCPA
Past President – Rosie Oldham, BS, RN, LNCC, BCPA
Secretary – Jennifer Whalen, DHSc, PA-C, BCPA
Treasurer – Kristin Hill, MD, BCPA
Director at Large – Carolyn Bennett, BSN, RN, BCPA, CSA
Director at Large – Jodie Pang-Diekevers, LMSW, BCPA



Some Members Shared Their New Year's Resolutions With Us

Can you match the Member to their resolution?

A. My resolution is to finish organizing office and shredding documents, improve sleep and increase exercise commitment.

B. My new year resolution is to take better care of my health and body so I can be a role model for myself and those clients who need inspiration.

C. To be more organized, stop procrastinating, and get to sleep earlier.

D. To get back on track with a workout routine 5 days a week and develop a new skill.

E. Incorporate more F.U.N. into 2023. Fitness. Walk 10,000 steps as many days as I can. Unique experiences. Be open and create new experiences with family and friends. No overthinking. Make a decision and go with it. If it sounds fun do it!

Do you think you know the answer?

Possible Members: Carolyn Bennett, Melissa Cardine, Rosie Oldham, Jodie Pang-Dieckers, Jennifer Whalen

Answers are at the bottom of the page.

When Rosie Speaks,
You Better Listen



RNegade
Podcast

"She is fierce, passionate, and an expert in the field of nursing and patient advocacy. Definitely NOT afraid to speak up when the standard of care is not to the STANDARD."
Antra Boyd, iRNPA, BSN, MSN

Our very own Rosie Oldham recorded a podcast with RNegade, talking about her experiences as a nurse, legal nurse consultant, and patient advocate. You can hear Rosie's podcast at www.RNegade.pro and earn CE for nurses. *Would you believe she worked for the FBI?* Rosie describes herself as a "detail maniac" and her mantra is "question everything." Listen and learn Rosie's approach to advocacy and her clients.

Thank you for sharing your story with us
You can also hear the podcast on Spotify or Apple.

Resources

Have you been to the website?



Recorded
Educational
Programs

ArizonaAPA.org

Pre-approved CE for BCPAs



Calendar of Events

Patient Advocate Directory

Resolution Answers: A – Rosie Oldham, B – Carolyn Bennett, C - Jennifer Whalen, D – Jodie Pang-Dieckers, E - Melissa Cardine